

Shareholding Pattern under Regulation 31 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015

1.	Name of Listed Entity: Sheela Foam Limited		
2.	Scrip Code/Name of Scrip/Class of Security: 540203		
3.	Share Holding Pattern Filed under: Reg. 31(1)(b)		
	a.	If under 31(1)(b) then indicate the report for Quarter ending : September 30, 2024	
	b.	If under 31(1)(c) then indicate date of allotment/extinguishment	
4.	Declaration: The Listed entity is required to submit the following declaration to the extent of submission of information:-		
		Particulars	
			Yes*
			No*
1		Whether the Listed Entity has issued any partly paid up shares?	No
2		Whether the Listed Entity has issued any Convertible Securities or Warrants?	No
3		Whether the Listed Entity has any shares against which depository receipts are issued?	No
4		Whether the Listed Entity has any shares in locked-in?	No
5		Whether any shares held by promoters are pledge or otherwise encumbered?	No
<p>* If the Listed Entity selects the option 'No' for the questions above, the columns for the partly paid up shares, Outstanding Convertible Securities/Warrants, depository receipts, locked-in shares, No of shares pledged or otherwise encumbered by promoters, as applicable, shall not be displayed at the time of dissemination on the Stock Exchange website. Also wherever there is 'No' declared by Listed Entity in above table the values will be considered as 'Zero' by default on submission of the format of holding of specified securities.</p>			



Sheela Foam Limited

Table I - Summary Statement holding of specified securities

Category	Category of shareholder	Nos. of shareholders	No. of fully paid up equity shares held	No. of Partly paid-up equity shares held	No. of shares underlying Depository Receipts	Total nos. shares held	Shareholding as a % of total no. of shares (calculated as per SCRR, 1957)	Number of Voting Rights held in each class of securities			No. of Shares Underlying Outstanding convertible securities (including Warrants)	Shareholding, as a % assuming full conversion of convertible securities (as a percentage of diluted share capital)	Number of Locked in shares		Number of Shares pledged or otherwise encumbered		Number of equity shares held in dematerialised form	
								No of Voting Rights					Total as a % of (A+B+C)	No. (a)	As a % of total Shares held(b)	No. (a)		As a % of total Shares held(b)
								Class eg: X	Class eg: y	Total								
(I)	(II)	(III)	(IV)	(V)	(VI)	(VII) =	(VIII) As a	(IX)			(X)	(XI)= (VII)+(X)	(XII)	(XIII)	(XIV)			
(A)	Promoter & Promoter Group	4	71174174	0	0	71174174	65.4792	71174174	0	71174174	65.4792	0	0.0000	0	0.0000	71174174		
(B)	Public	55950	37523167	0	0	37523167	34.5208	37523167	0	37523167	34.5208	0	0.0000	NA	NA	37523156		
(C)	Non Promoter - Non Public				0				0				0.0000	NA	NA			
(C1)	Shares Underlying DRs	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	NA	NA	0		
(C2)	Shares Held By Employee Trust	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	NA	NA	0		
	Total	55954	108697341	0	0	108697341	100.0000	108697341	0	108697341	100.0000	0	0.0000	0	0.0000	108697330		



Sheela Foam Limited

Table II - Statement showing shareholding pattern of the Promoter and Promoter Group

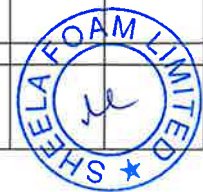
Category & Name of the shareholders	Entity Type	Nos. of shareholders	No. of fully paid up equity shares held	Partly paid-up equity shares held	No. of shares underlying Depository Receipts	Total nos. shares held	Shareholding % calculated as per SCRR, 1957 As a % of (A+B+C2)	Number of Voting Rights held in each class of securities			No. of Shares Underlying Outstanding convertible securities (including Warrants)	Shareholding , as a % assuming full conversion of convertible securities (as a percentage of diluted share capital)	Number of Locked in shares		Number of Shares pledged or otherwise encumbered		Number of equity shares held in dematerialised form		
								No of Voting Rights		Total as a % of Total Voting Rights			No. (a)	As a % of total Shares held(b)	No. (a)	As a % of total Shares held(b)			
								Class eg: X	Class eg: y									Total	
(I)		(III)	(IV)	(V)	(VI)	(VII) =	(VIII) As a	(IX)			(X)	(XI)= (VII)+(X) As	(XII)		(XIII)	(XIV)			
1	Indian																		
(a)	Individuals / Hindu Undivided Family	3	58023356	0	0	58023356	53.3807	58023356	0	58023356	53.3807	0	53.3807	0	0.0000	0	0.0000	58023356	
	Tushaar Gautam	Promoters	1	34172628	0	0	34172628	31.4383	34172628	0	34172628	31.4383	0	31.4383	0	0.0000	0	0.0000	34172628
	Rahul Gautam	Promoters	1	12418970	0	0	12418970	11.4253	12418970	0	12418970	11.4253	0	11.4253	0	0.0000	0	0.0000	12418970
	Namita Gautam	Promoter Group	1	11431758	0	0	11431758	10.5171	11431758	0	11431758	10.5171	0	10.5171	0	0.0000	0	0.0000	11431758
(b)	Central Government / State Government(s)	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	0	0.0000	0	
(c)	Financial Institutions / Banks	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	0	0.0000	0	
(d)	Any Other (Specify)	1	13150818	0	0	13150818	12.0986	13150818	0	13150818	12.0986	0	12.0986	0	0.0000	0	0.0000	13150818	
	Bodies Corporate	1	13150818	0	0	13150818	12.0986	13150818	0	13150818	12.0986	0	12.0986	0	0.0000	0	0.0000	13150818	
	Rangoli Resorts P Ltd	Promoters	1	13150818	0	0	13150818	12.0986	13150818	0	13150818	12.0986	0	12.0986	0	0.0000	0	0.0000	13150818
	Sub Total (A)(1)	4	71174174	0	0	71174174	65.4792	71174174	0	71174174	65.4792	0	65.4792	0	0.0000	0	0.0000	71174174	
2	Foreign																		
(a)	Individuals (Non-Resident Individuals / Foreign Individuals)	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	0	0.0000	0	
(b)	Government	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	0	0.0000	0	
(c)	Institutions	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	0	0.0000	0	
(d)	Foreign Portfolio Investor	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	0	0.0000	0	
(e)	Any Other (Specify)	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	0	0.0000	0	
	Sub Total (A)(2)	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	0	0.0000	0	
	Total Shareholding Of Promoter And Promoter Group (A)= (A)(1)+(A)(2)	4	71174174	0	0	71174174	65.4792	71174174	0	71174174	65.4792	0	65.4792	0	0.0000	0	0.0000	71174174	



Sheela Foam Limited

Table III - Statement showing shareholding pattern of the Public shareholder

Category & Name of the shareholders	Nos. of shareholders	No. of fully paid up equity shares held	Partly paid-up equity shares held	No. of shares underlying Depository Receipts	Total nos. shares held	Shareholding % calculated as per SCRR, 1957 As a % of (A+B+C2)	Number of Voting Rights held in each class of securities			No. of Shares Underlying Outstanding convertible securities (including Warrants)	Shareholding, as a % assuming full conversion of convertible securities (as a percentage of diluted share capital)	Number of Locked in shares		Number of Shares pledged or otherwise encumbered		Number of equity shares held in dematerialised form	Sub-categorization of shares			
							No of Voting Rights					Total as a % of Total Voting Rights	No. (a)	As a % of total Shares held(b)	No. (a)		As a % of total Shares held(b)	Shareholding(No. of shares) under		
							Class eg: X	Class eg: y	Total									Sub-category(i)	Sub-category(ii)	Sub-category(iii)
							(X)	(Y)	(IX)									(XII)	(XIII)	(XIV)
1																				
(a)	Institutions (Domestic)																			
	Mutual Fund	11	21184881	0	0	21184881	19.4898	21184881	0	21184881	19.4898	0	0.0000	NA	NA	21184881	0	0	0	
	Sbi Magnum Midcap Fund	1	10625434	0	0	10625434	9.7752	10625434	0	10625434	9.7752	0	0.0000	NA	NA	10625434	0	0	0	
	Kotak Small Cap Fund	1	3678901	0	0	3678901	3.3845	3678901	0	3678901	3.3845	0	0.0000	NA	NA	3678901	0	0	0	
	Nippon Life India Trustee Ltd-A/C Nippon India M	1	3350368	0	0	3350368	3.0823	3350368	0	3350368	3.0823	0	0.0000	NA	NA	3350368	0	0	0	
	Uti Flexi Cap Fund	1	2092746	0	0	2092746	1.9253	2092746	0	2092746	1.9253	0	0.0000	NA	NA	2092746	0	0	0	
	Dsp Small Cap Fund	1	1220485	0	0	1220485	1.1228	1220485	0	1220485	1.1228	0	0.0000	NA	NA	1220485	0	0	0	
(b)	Venture Capital Funds	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	NA	NA	0				
(c)	Alternate Investment Funds	4	801088	0	0	801088	0.7370	801088	0	801088	0.7370	0	0.0000	NA	NA	801088	0	0	0	
(d)	Banks	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	NA	NA	0				
(e)	Insurance Companies	2	2252348	0	0	2252348	2.0721	2252348	0	2252348	2.0721	0	0.0000	NA	NA	2252348	0	0	0	
	Sbi Life Insurance Co. Ltd	1	2174785	0	0	2174785	2.0008	2174785	0	2174785	2.0008	0	0.0000	NA	NA	2174785				
(f)	Provident Funds/ Pension Funds	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	NA	NA	0				
(g)	Asset Reconstruction Companies	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	NA	NA	0				
(h)	Sovereign Wealth Funds	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	NA	NA	0				
(i)	NBFCs registered with RBI	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	NA	NA	0				
(j)	Other Financial Institutions	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	NA	NA	0				
(k)	Any Other (Specify)	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	NA	NA	0				
	Sub Total (B)(1)	17	24238317	0	0	24238317	22.2989	24238317	0	24238317	22.2989	0	0.0000	NA	NA	24238317	0	0	0	
2	Institutions (Foreign)																			
(a)	Foreign Direct Investment	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	NA	NA	0				
(b)	Foreign Venture Capital Investors	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	NA	NA	0				
(c)	Sovereign Wealth Funds	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	NA	NA	0				
(d)	Foreign Portfolio Investors Category I	79	7009977	0	0	7009977	6.4491	7009977	0	7009977	6.4491	0	0.0000	NA	NA	7009977	0	0	0	
	Kotak Funds - India Midcap Fund	1	2524758	0	0	2524758	2.3227	2524758	0	2524758	2.3227	0	0.0000	NA	NA	2524758				
(e)	Foreign Portfolio Investors Category II	6	157940	0	0	157940	0.1453	157940	0	157940	0.1453	0	0.0000	NA	NA	157940	0	0	0	
(f)	Overseas Depositories(holding DRs) (balancing figure)	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	NA	NA	0				
(g)	Any Other (Specify)	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	NA	NA	0				
	Sub Total (B)(2)	85	7167917	0	0	7167917	6.5944	7167917	0	7167917	6.5944	0	0.0000	NA	NA	7167917	0	0	0	
3	Central Government/ State Government(s)																			
(a)	Central Government / President of India	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	NA	NA	0				
(b)	State Government / Governor	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	NA	NA	0				
(c)	Shareholding by Companies or Bodies Corporate where Central / State Government is a promoter	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	NA	NA	0				
	Sub Total (B)(3)	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	NA	NA	0				
4	Non-Institutions																			
(a)	Associate companies / Subsidiaries	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	NA	NA	0				
(b)	Directors and their relatives (excluding Independent Directors and nominee Directors)	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	NA	NA	0				
(c)	Key Managerial Personnel	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	NA	NA	0				
(d)	Relatives of promoters (other than 'immediate relatives' of promoters disclosed under 'Promoter and Promoter Group' category)	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	NA	NA	0				



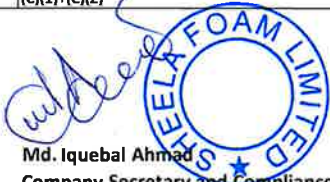
(E)	Trusts where any person belonging to 'Promoter and Promoter Group' category is 'trustee', 'beneficiary', or 'author of the trust'	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	NA	NA	0			
(f)	Investor Education and Protection Fund (IEPF)	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	NA	NA	0			
(g)	i. Resident individual holding nominal share capital up to Rs. 2 lakhs.	53593	4192986	0	0	4192986	3.8575	4192986	0	4192986	3.8575	0	3.8575	0	0.0000	NA	NA	4192975	0	0	0
(h)	ii. Resident individual holding nominal share capital in excess of Rs. 2 lakhs.	2	242055	0	0	242055	0.2227	242055	0	242055	0.2227	0	0.2227	0	0.0000	NA	NA	242055	0	0	0
(i)	Non Resident Indians (NRIs)	967	178406	0	0	178406	0.1641	178406	0	178406	0.1641	0	0.1641	0	0.0000	NA	NA	178406	0	0	0
(j)	Foreign Nationals	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	NA	NA	0			
(k)	Foreign Companies	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	NA	NA	0			
(l)	Bodies Corporate	253	1314574	0	0	1314574	1.2094	1314574	0	1314574	1.2094	0	1.2094	0	0.0000	NA	NA	1314574	0	0	0
(m)	Any Other (Specify)	1033	188912	0	0	188912	0.1738	188912	0	188912	0.1738	0	0.1738	0	0.0000	NA	NA	188912	0	0	0
	Body Corp-Ltd Liability Partnership	22	13708	0	0	13708	0.0126	13708	0	13708	0.0126	0	0.0126	0	0.0000	NA	NA	13708	0	0	0
	Hindu Undivided Family	1005	175114	0	0	175114	0.1611	175114	0	175114	0.1611	0	0.1611	0	0.0000	NA	NA	175114	0	0	0
	Clearing Member	6	90	0	0	90	0.0001	90	0	90	0.0001	0	0.0001	0	0.0000	NA	NA	90	0	0	0
	Sub Total (B)(4)	55848	6116933	0	0	6116933	5.6275	6116933	0	6116933	5.6275	0	5.6275	0	0.0000	NA	NA	6116922	0	0	0
	Total Public Shareholding (B)= (B)(1)+(B)(2)+(B)(3)+b(4)	55950	37523167	0	0	37523167	34.5208	37523167	0	37523167	34.5208	0	34.5208	0	0.0000	NA	NA	37523156	0	0	0



Sheela Foam Limited

Table IV - Statement showing shareholding pattern of the Non Promoter- Non Public shareholder

Category & Name of the shareholders	PAN	Nos. of shareholders	No. of fully paid up equity shares held	Partly paid-up equity shares held	No. of shares underlying Depository Receipts	Total nos. shares held	Shareholding % calculated as per SCRR, 1957 As a % of (A+B+C2)	Number of Voting Rights held in each class of securities			No. of Shares Underlying Outstanding convertible securities (including Warrants)	Shareholding, as a % assuming full conversion of convertible securities (as a percentage of diluted share capital)	Number of Locked In shares		Number of Shares pledged or otherwise encumbered		Number of equity shares held in dematerialised form	
								No of Voting Rights					Total as a % of (A+B+C)	No. (a)	As a % of total Shares held(b)	No. (a)		As a % of total Shares held(b)
								Class eg: X	Class eg: y	Total								
(I)	(II)	(III)	(IV)	(V)	(VI)	(VII) =	(VIII) As a	(IX)			(X)	(XI)= (VII)+(X)	(XII)	(XIII)	(XIV)			
1 Custodian/DR Holder		0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	NA	NA	0
2 Employee Benefit Trust / Employee Welfare Trust under SEBI (Share based Employee Benefits and Sweat Equity) Regulations, 2021		0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	NA	NA	0
Total Non-Promoter- Non Public Shareholding (C)= (C)(1)+(C)(2)		0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	NA	NA	0



Md. Iqbal Ahmad
 Company Secretary and Compliance Officer
 Date: 18.10.2024