

Shareholding Pattern under Regulation 31 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015			
1.	Name of Listed Entity: Sheela Foam Limited		
2.	Scrip Code/Name of Scrip/Class of Security: 540203		
3.	Share Holding Pattern Filed under: Reg. 31(1)(b)		
	a.	If under 31(1)(b) then indicate the report for Quarter ending June 30 2024	
	b.	If under 31(1)(c) then indicate date of allotment/extinguishment	
4.	Declaration: The Listed entity is required to submit the following declaration to the extent of submission of information:-		
		Particulars	
			Yes* No*
1		Whether the Listed Entity has issued any partly paid up shares?	No
2		Whether the Listed Entity has issued any Convertible Securities or Warrants?	No
3		Whether the Listed Entity has any shares against which depository receipts are issued?	No
4		Whether the Listed Entity has any shares in locked-in?	No
5		Whether any shares held by promoters are pledge or otherwise encumbered?	No
* If the Listed Entity selects the option 'No' for the questions above, the columns for the partly paid up shares, Outstanding Convertible Securities/Warrants, depository receipts, locked-in shares, No of shares pledged or otherwise encumbered by promoters, as applicable, shall not be displayed at the time of dissemination on the Stock Exchange website. Also wherever there is 'No' declared by Listed Entity in above table the values will be considered as 'Zero' by default on submission of the format of holding of specified securities.			



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Table I - Summary Statement holding of specified securities

Category	Category of shareholder	Nos. of shareholders	No. of fully paid up equity shares held	No. of Partly paid-up equity shares held	No. of shares underlying Depository Receipts	Total nos. shares held	Shareholding as a % of total no. of shares (calculated as per SCRR, 1957)	Number of Voting Rights held in each class of securities			No. of Shares Underlying Outstanding convertible securities (including Warrants)	Shareholding, as a % assuming full conversion of convertible securities (as a percentage of diluted share capital)	Number of Locked in shares		Number of Shares pledged or otherwise encumbered		Number of equity shares held in dematerialised form	
								No of Voting Rights					Total as a % of (A+B+C)	No. (a)	As a % of total Shares held(b)	No. (a)		As a % of total Shares held(b)
								Class eg: X	Class eg: y	Total								
(I)	(II)	(III)	(IV)	(V)	(VI)	(VII) =	(VIII) As a	(IX)			(X)	(XI)= (VII)+(X)	(XII)		(XIII)		(XIV)	
(A)	Promoter & Promoter Group	4	71174174	0	0	71174174	65.4792	71174174	0	71174174	65.4792	0	65.4792	0	0.0000	0	0.0000	71174174
(B)	Public	51043	37523167	0	0	37523167	34.5208	37523167	0	37523167	34.5208	0	34.5208	0	0.0000	NA	NA	37523156
(C)	Non Promoter - Non Public				0				0			0		0.0000	NA	NA		
(C1)	Shares Underlying DRs	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	NA	NA	0
(C2)	Shares Held By Employee Trust	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	NA	NA	0
	Total	51047	108697341	0	0	108697341	100.0000	108697341	0	108697341	100.0000	0	100.0000	0	0.0000	0	0.0000	108697330



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Table II - Statement showing shareholding pattern of the Promoter and Promoter Group

Category & Name of the shareholders	Entity Type	PAN	Nos. of shareholders	No. of fully paid up equity shares held	Partly paid-up equity shares held	No. of shares underlying Depository Receipts	Total nos. shares held	Shareholding % calculated as per SCRR, 1957 As a % of (A+B+C2)	Number of Voting Rights held in each class of securities			No. of Shares Underlying Outstanding convertible securities (including Warrants)	Shareholding, as a % assuming full conversion of convertible securities (as a percentage of diluted share capital)	Number of Locked in shares		Number of Shares pledged or otherwise encumbered		Number of equity shares held in dematerialised form	
									No of Voting Rights					Total as a % of Total Voting Rights	No. (a)	As a % of total Shares held(b)	No. (a)		As a % of total Shares held(b)
									Class eg: X	Class eg: Y	Total								
									(IX)										
(I)	(II)	(III)	(IV)	(V)	(VI)	(VII) =	(VIII) As a	(IX)			(X)	(XI)= (VII)+(X)	(XII)		(XIII)		(XIV)		
1	Indian																		
(a)	Individuals / Hindu Undivided Family		3	58023356	0	0	58023356	53.3807	58023356	0	58023356	53.3807	0	0.0000	0	0.0000	0	0.0000	58023356
	Tushaar Gautam	Promoters ABAPG9574C	1	34172628	0	0	34172628	31.4383	34172628	0	34172628	31.4383	0	0.0000	0	0.0000	0	0.0000	34172628
	Rahul Gautam	Promoters AAHPG2294B	1	12418970	0	0	12418970	11.4253	12418970	0	12418970	11.4253	0	0.0000	0	0.0000	0	0.0000	12418970
	Namita Gautam	Promoter Group AAHPG2295A	1	11431758	0	0	11431758	10.5171	11431758	0	11431758	10.5171	0	0.0000	0	0.0000	0	0.0000	11431758
(b)	Central Government / State Government(s)		0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	0	0.0000	0
(c)	Financial Institutions / Banks		0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	0	0.0000	0
(d)	Any Other (Specify)		1	13150818	0	0	13150818	12.0986	13150818	0	13150818	12.0986	0	0.0000	0	0.0000	0	0.0000	13150818
	Bodies Corporate		1	13150818	0	0	13150818	12.0986	13150818	0	13150818	12.0986	0	0.0000	0	0.0000	0	0.0000	13150818
	Rangoli Resorts P Ltd	Promoters AABCR6061N	1	13150818	0	0	13150818	12.0986	13150818	0	13150818	12.0986	0	0.0000	0	0.0000	0	0.0000	13150818
	Sub Total (A)(1)		4	71174174	0	0	71174174	65.4792	71174174	0	71174174	65.4792	0	0.0000	0	0.0000	0	0.0000	71174174
2	Foreign																		
(a)	Individuals (Non-Resident Individuals / Foreign Individuals)		0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	0	0.0000	0
(b)	Government		0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	0	0.0000	0
(c)	Institutions		0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	0	0.0000	0
(d)	Foreign Portfolio Investor		0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	0	0.0000	0
(e)	Any Other (Specify)		0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	0	0.0000	0
	Sub Total (A)(2)		0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	0	0.0000	0
	Total Shareholding Of Promoter And Promoter Group (A)= (A)(1)+(A)(2)		4	71174174	0	0	71174174	65.4792	71174174	0	71174174	65.4792	0	0.0000	0	0.0000	0	0.0000	71174174



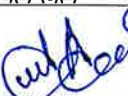

(f)	Investor Education and Protection Fund (IEPF)	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	NA	NA	0			
(g)	i. Resident individual holding nominal share capital up to Rs. 2 lakhs.	48905	3439701	0	0	3439701	3.1645	3439701	0	3439701	3.1645	0	3.1645	0	0.0000	NA	NA	3439690	0	0	0
(h)	ii. Resident individual holding nominal share capital in excess of Rs. 2 lakhs.	2	195055	0	0	195055	0.1794	195055	0	195055	0.1794	0	0.1794	0	0.0000	NA	NA	195055	0	0	0
(i)	Non Resident Indians (NRIs)	896	130597	0	0	130597	0.1201	130597	0	130597	0.1201	0	0.1201	0	0.0000	NA	NA	130597	0	0	0
(j)	Foreign Nationals	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	NA	NA	0			
(k)	Foreign Companies	0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	NA	NA	0			
(l)	Bodies Corporate	210	1216003	0	0	1216003	1.1187	1216003	0	1216003	1.1187	0	1.1187	0	0.0000	NA	NA	1216003	0	0	0
(m)	Any Other (Specify)	933	152294	0	0	152294	0.1401	152294	0	152294	0.1401	0	0.1401	0	0.0000	NA	NA	152294	0	0	0
	Body Corp-Ltd Liability Partnership	20	9352	0	0	9352	0.0086	9352	0	9352	0.0086	0	0.0086	0	0.0000	NA	NA	9352	0	0	0
	Hindu Undivided Family	910	142916	0	0	142916	0.1315	142916	0	142916	0.1315	0	0.1315	0	0.0000	NA	NA	142916	0	0	0
	Clearing Member	3	26	0	0	26	0.0000	26	0	26	0.0000	0	0.0000	0	0.0000	NA	NA	26	0	0	0
	Sub Total (B)(4)	50946	5133650	0	0	5133650	4.7229	5133650	0	5133650	4.7229	0	4.7229	0	0.0000	NA	NA	5133639	0	0	0
	Total Public Shareholding (B)= (B)(1)+(B)(2)+(B)(3)+b(4)	51043	37523167	0	0	37523167	34.5208	37523167	0	37523167	34.5208	0	34.5208	0	0.0000	NA	NA	37523156	0	0	0



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Table IV - Statement showing shareholding pattern of the Non Promoter- Non Public shareholder

Category & Name of the shareholders	PAN	Nos. of shareholders	No. of fully paid up equity shares held	Partly paid-up equity shares held	No. of shares underlying Depository Receipts	Total nos. shares held	Shareholding % calculated as per SCRR, 1957 As a % of (A+B+C2)	Number of Voting Rights held in each class of securities			No. of Shares Underlying Outstanding convertible securities (including Warrants)	Shareholding , as a % assuming full conversion of convertible securities (as a percentage of diluted share capital)	Number of Locked in shares		Number of Shares pledged or otherwise encumbered		Number of equity shares held in dematerialised form	
								No of Voting Rights					Total as a % of (A+B+C)	No. (a)	As a % of total Shares held(b)	No. (a)		As a % of total Shares held(b)
								Class eg: X	Class eg: y	Total								
(I)	(II)	(III)	(IV)	(V)	(VI)	(VII) =	(VIII) As a	(IX)			(X)	(XI)= (VII)+(X)	(XII)		(XIII)	(XIV)		
1 Custodian/DR Holder		0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	NA	NA	0
Employee Benefit Trust / Employee Welfare Trust under SEBI (Share based Employee Benefits and Sweat Equity) Regulations, 2021		0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	NA	NA	0
2 Total Non-Promoter- Non Public Shareholding (C)= (C)(1)+(C)(2)		0	0	0	0	0	0.0000	0	0	0	0.0000	0	0.0000	0	0.0000	NA	NA	0



 Md. Iqbal Ahmad
 Company Secretary & Compliance Officer
 Date: 18.07.2024